#### SOCIAL DETERMINANTS OF HEALTH





# Healthy People 2020: Five Elements of SDOH



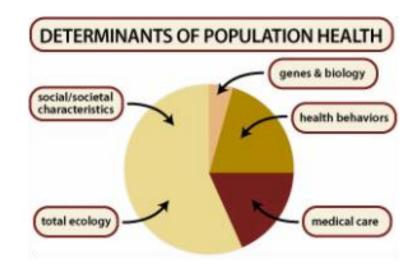




#### Understanding the Social Determinants of Health

Estimates vary, but research indicates that the SDOH account for more than 50% of variation in population health outcomes.\*

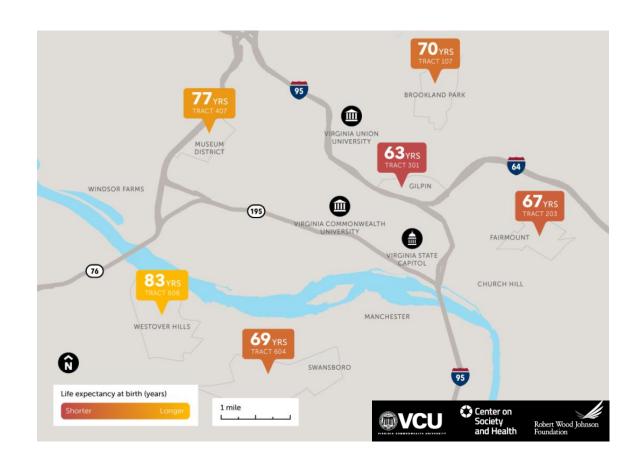
\*Individual results will vary







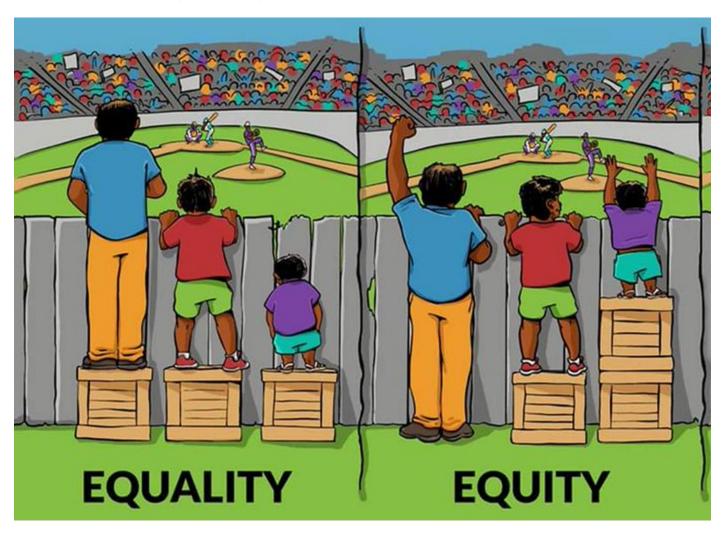
### Life Expectancy in Richmond, Va



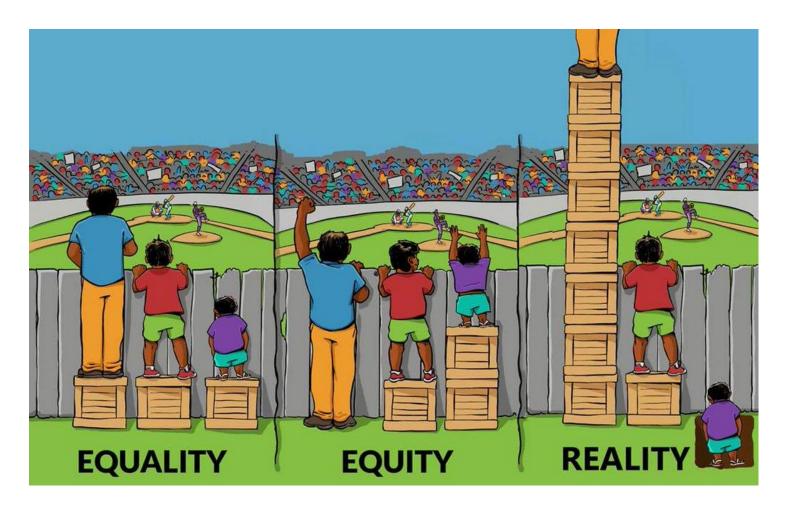




## Health Equity

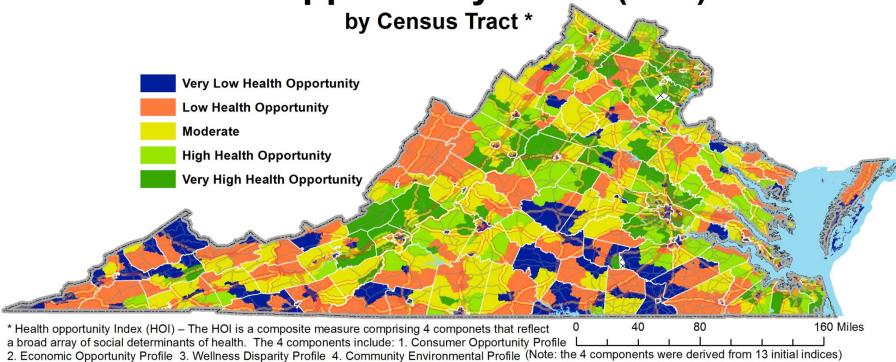


## Health Equity



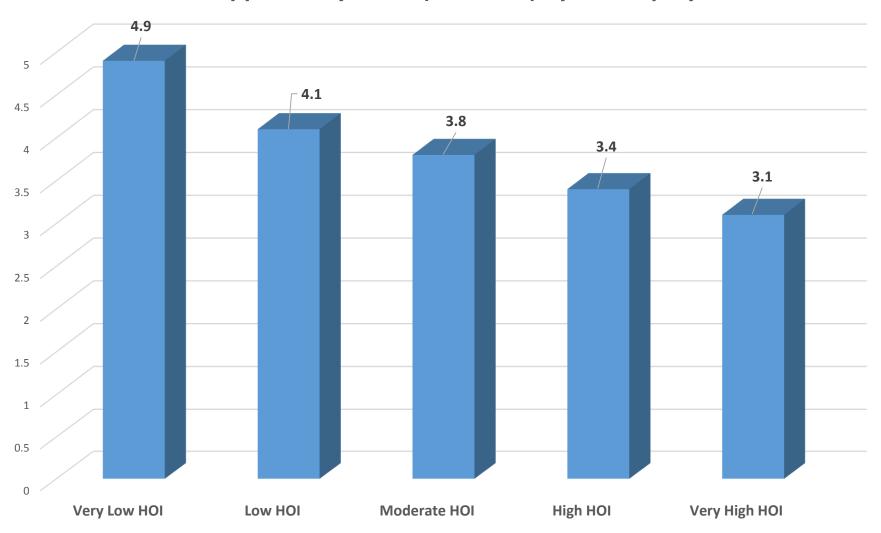
# Virginia

**Health Opportunity Index (HOI)** 

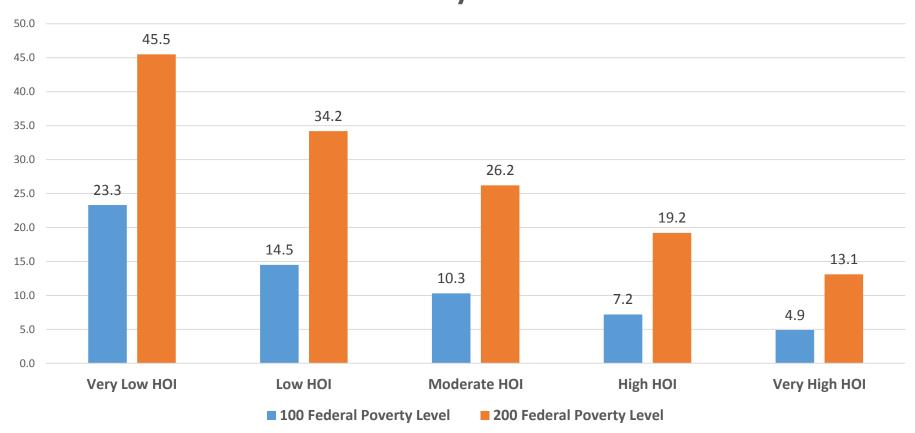


The HOI was developed to assist the public, businesses, policy makers, communities, healthcare organizations and public health professionals in identifying key social and economic factors (also known as social determinants of health) that affect the health outcomes of the residents of Virginia communities. The set of factors chosen to be included within the HOI was designed to capture the processes by which "opportunities to be healthy" emerge; upon determination of the community HOI score it can suggest where specific interventions may aid in developing a healthy community. Not only does the HOI assist in identifying such areas, it can facilitate a positive attitude toward change within the local community

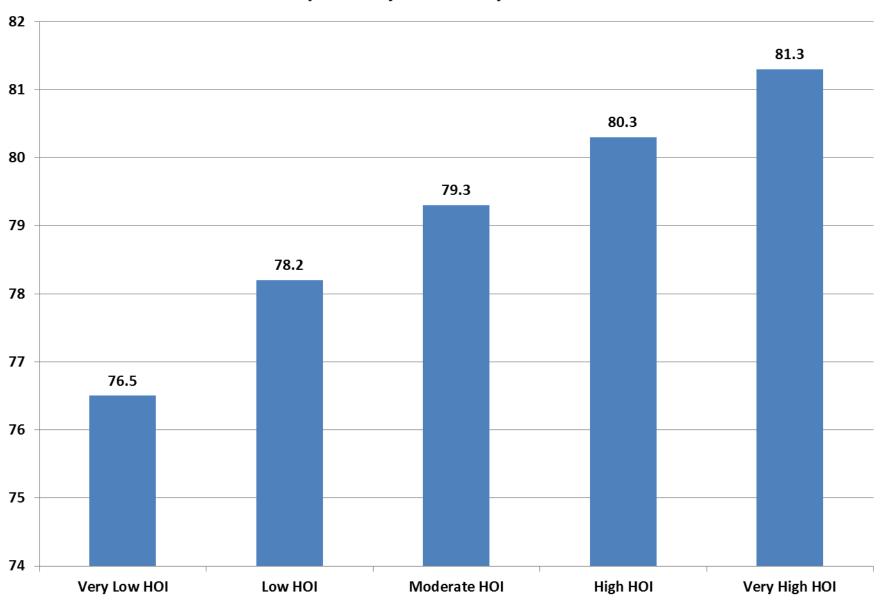
#### **Health Opportunity Index (Quintiles) by Umemployment**



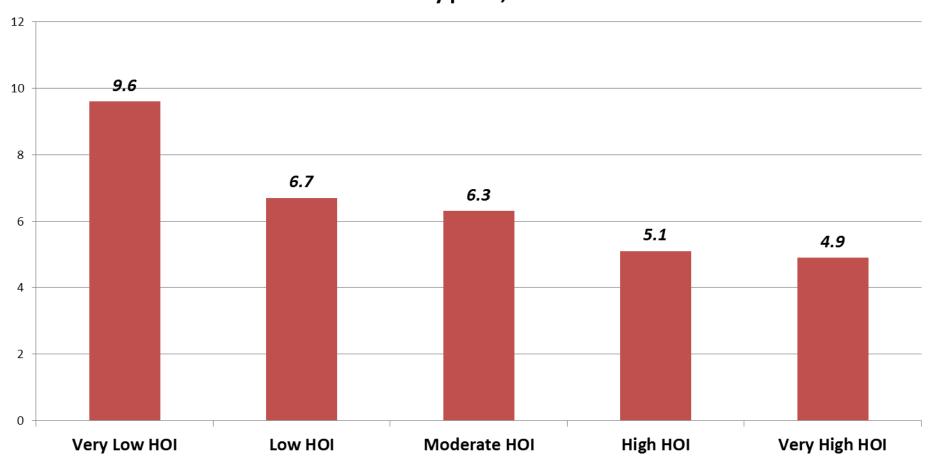
# Health Opportunity Index (Quintiles) by Federal Poverty Levels



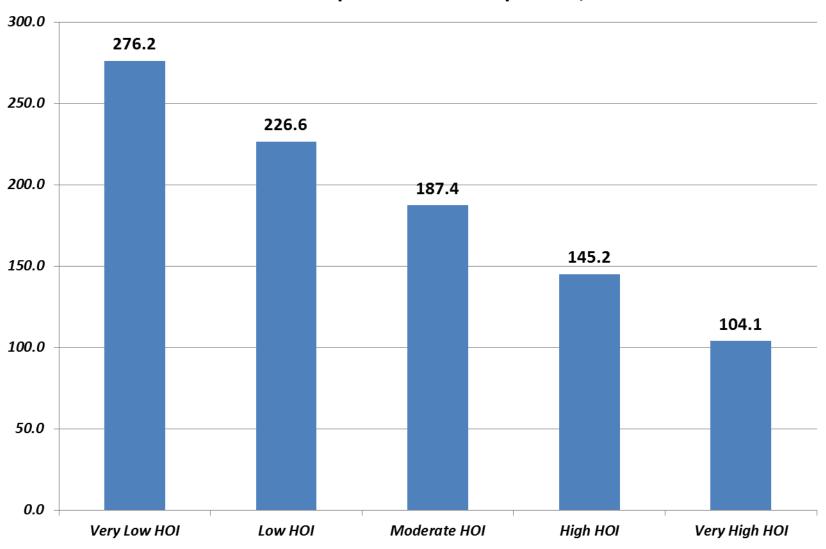
#### **Life Expectancy at Birth by HOI Quintiles**



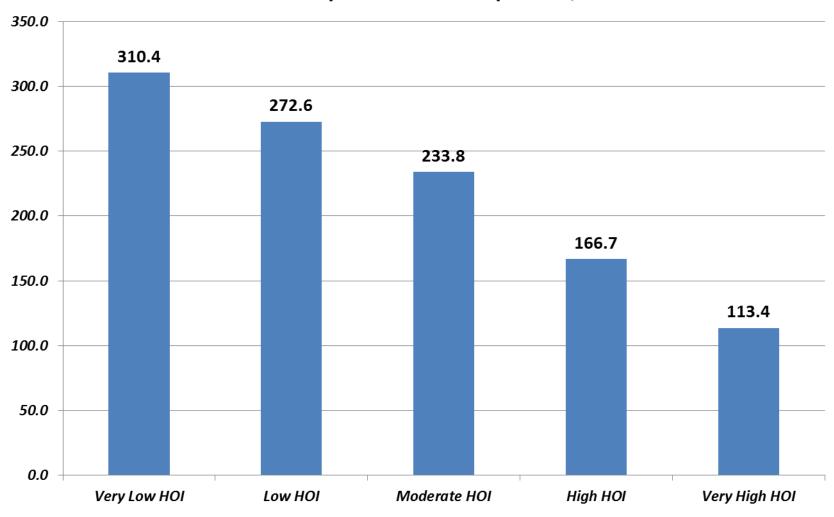
#### **Infant Mortality per 1,000 Live Births**



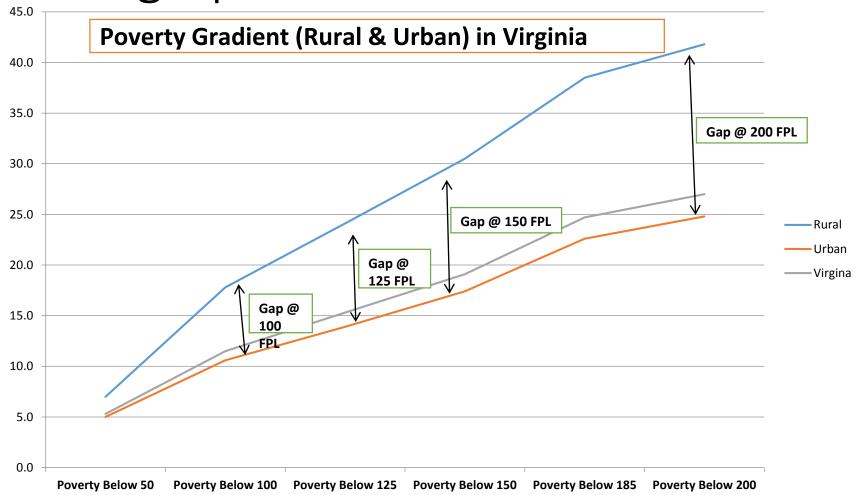
#### Diabetes Hospitalization Rate per 100,000



#### **COPD Hospitalization Rate per 100,000**



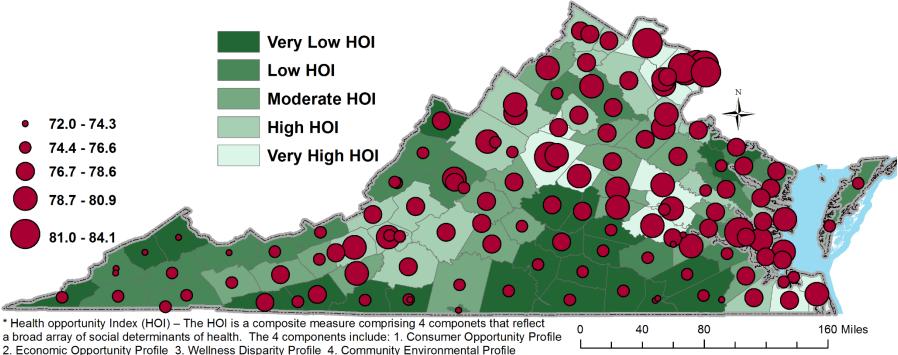
## Opportunity Differences Geographic



# Virginia

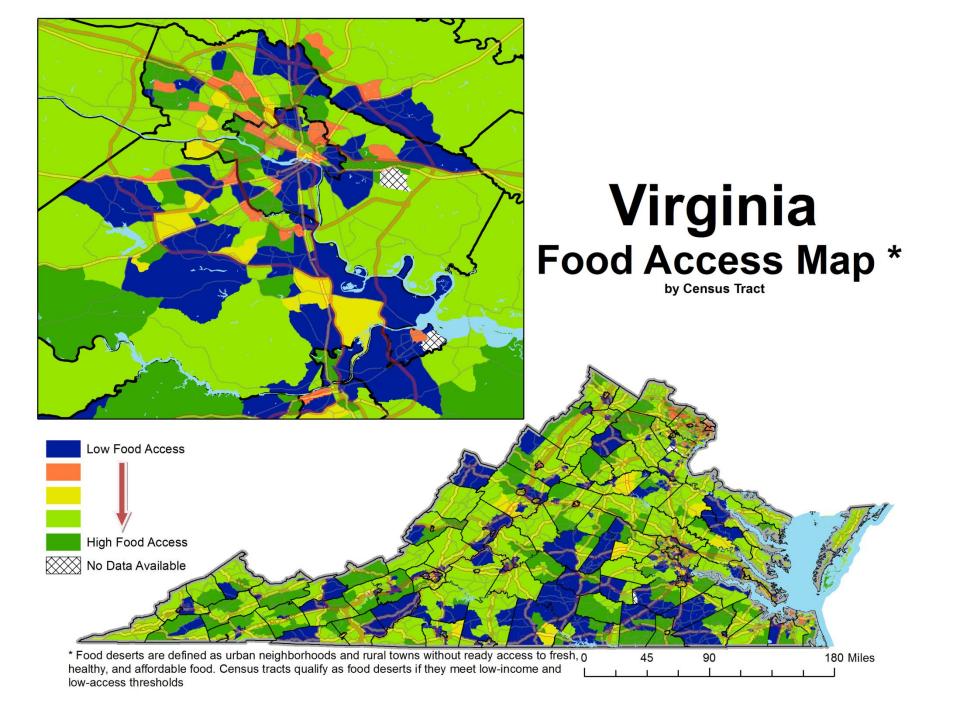
### **Health Opportunity Index (HOI)**

by County / City\* overlaid by Life Expectancy at Birth

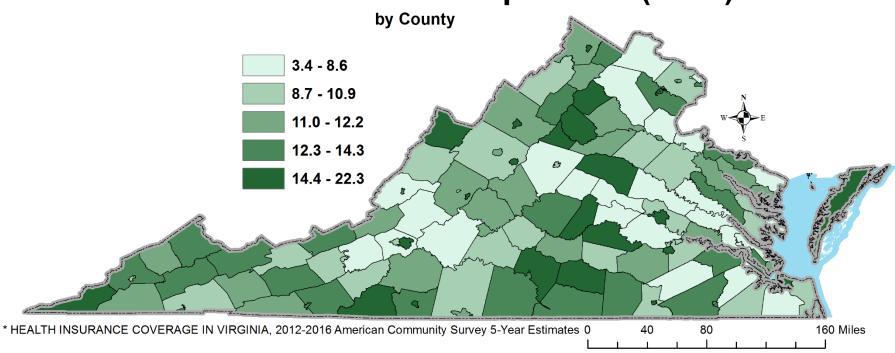


<sup>\*</sup> Health opportunity Index (HOI) – The HOI is a composite measure comprising 4 componets that reflect 2. Economic Opportunity Profile 3. Wellness Disparity Profile 4. Community Environmental Profile

The HOI was developed to assist the public, businesses, policy makers, communities, healthcare organizations and public health professionals in identifying key social and economic factors (also known as social determinants of health) that affect the health outcomes of the residents of Virginia communities. The set of factors chosen to be included within the HOI was designed to capture the processes by which "opportunities to be healthy" emerge; upon determination of the community HOI score it can suggest where specific interventions may aid in developing a healthy community. Not only does the HOI assist in identifying such areas, it can facilitate a positive attitude toward change within the local community

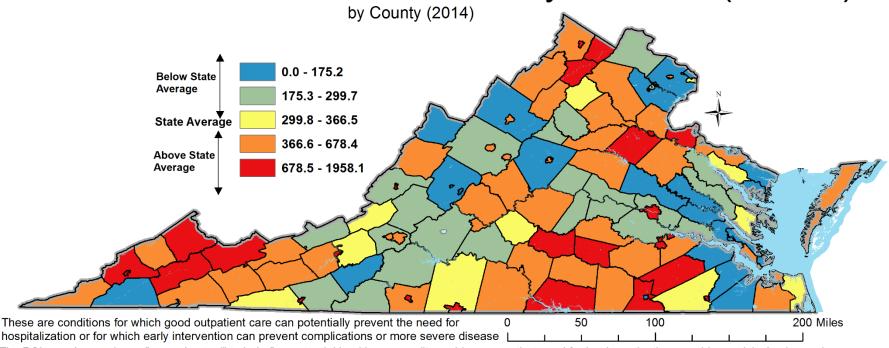


Virginia
Percent Uninsured\* Population (2016)

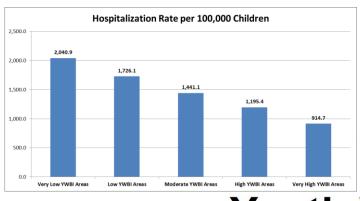


### Virginia

Avoidable Hospitalization Rate per 100,000 Chronic Obstructive Pulmonary Disease (COPD)

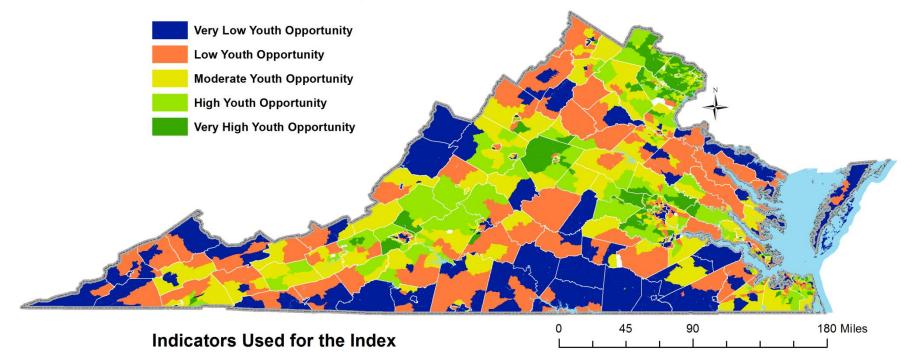


The PQIs can be used as a "screening tool" to help flag potential health care quality problem areas that need further investigation; provide a quick check on primary care access or outpatient services in a community by using patient data found in a typical hospital discharge abstract; and, help public health agencies, State data organizations, health care systems, and others interested in improving health care quality in their communities.



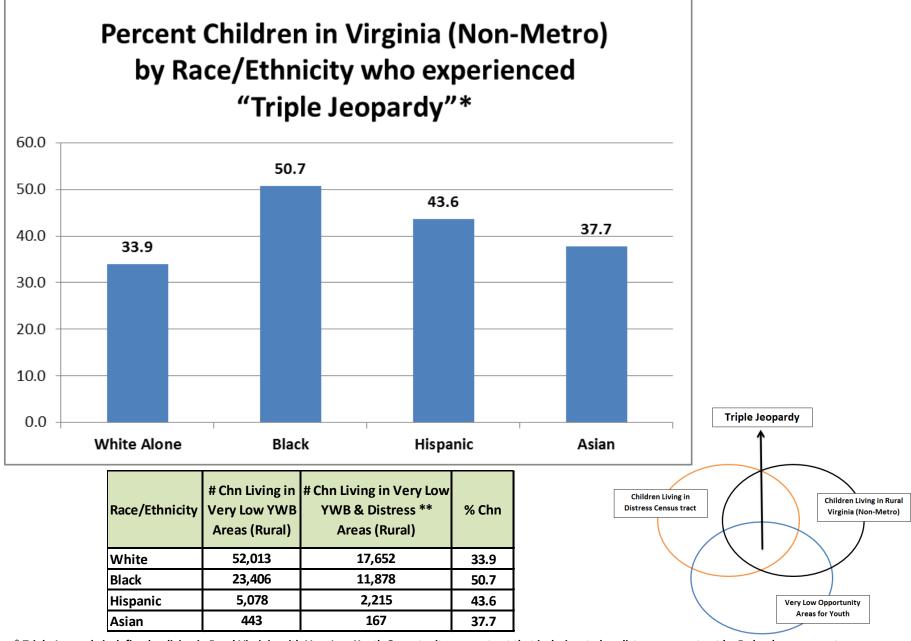
### Virginia Youth Well-Being Index

by Census Tract



- 1. Crime Index
- 2. Family Stability
- 3. Children in Poverty (Income)
- 4. Housing Quality

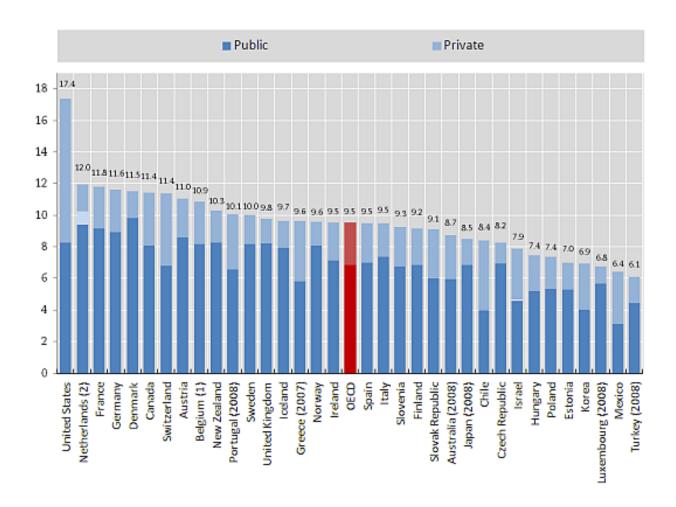
- 5. Primary Care Access
- 6. Psychiatric Access
- 7. Early Education (Pre-School Enrollment)
- 8. Population Density (Urban/Rural Divide)



<sup>\*</sup> Triple Jeopardy is defined as living in Rural Virginia with Very Low Youth Opportunity census tract that is designated as distress census tract by Federal government

<sup>\*\*</sup> Distressed nonmetropolitan middle-income geographies are those located in census tracts with: (1) an unemployment rate of at least 1.5 times the national average; (2) a poverty rate of 20 percent or more; or (3) a population loss of 5 percent or more in a five-year period preceding the most recent decennial census.

### Health Spending among Developed Nations

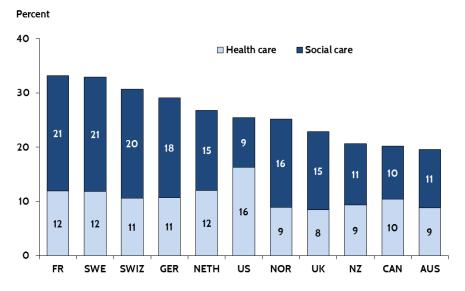






# Health & Social Spending among Developed Nations

Exhibit 8. Health and Social Care Spending as a Percentage of GDP



Notes: GDP refers to gross domestic product.
Source: E. H. Bradley and L. A. Taylor, The American Health Care Paradox: Why Spending More Is Getting Us Less, Public Affairs, 2013.

### Upstream Approach

	Clinical (health care)	Nonclinical (health/wellness)
Community (total population)	Expand access to health care  Example: Shift from in-patient to community-based services	6 Create opportunity Examples: jobs, public transport Improve conditions Examples: air pollution, complete streets, green space Change policies Examples: housing, food security
	2	5
High risk; likely to become patients	Emphasize outreach; prevention, early detection	Target nonclinical preventive actions
	Examples: mobile mammogram screening vans, visiting nurses	Examples: lead or mold remediation
	1	4
	Reorganize care delivery	Integrate social services
	Reorganize care delivery	integrate social services

Source: Robin Hacke, "Investment Leaders: The Emerging Landscape for Health Investment in Virginia" Sept 28, Richmond Federal Reserve Bank.